Working Height and Work Surface Height

When working on workpieces, work equipment, or operating equipment, there may be a certain difference between the working height and work surface height.

Working height

- The working height is the distance between the place of manual work on the work object and the floor.
- The working height should be chosen in such a way as to enable the worker to maintain an acceptable posture and simultaneously ensure that the visual requirements placed on the work task can be met.
- The optimum working height therefore primarily depends on two factors:
  - The visual/fine motor requirements and
  - The size of the object to be handled

Work surface height

- The work surface height is the distance between the floor and the surface on which the workpiece itself or the apparatus holding the workpiece is/are laid out.

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